

ABSTRACT

In one embodiment the invention comprises a method of communication utilizing
5 the Internet which includes receiving on a server an e-mail message transmitted from a first
computer, which email includes a request to the intended recipient of the e-mail for a return
telephone call to a telephone number designated in the e-mail, and including in the e-mail
transmission the address of a gatekeeper for providing the address of a gateway through
10 which a telephone call originated on a computer of the intended e-mail recipient may be
routed to the public switched telephone network and to the telephone number designated in
the e-mail.